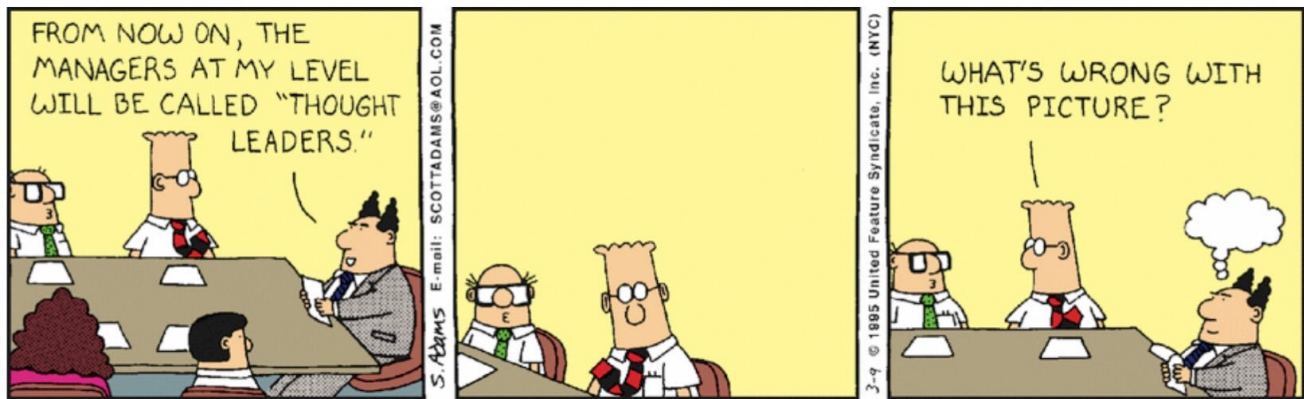


CMST 4111 Intrapersonal Communication

Fall 2018, TTh 12:00-1:20, Coates 109



Instructor Information

Instructor

Dr. Sanela Elli Osmanovic

Email

sosman3@lsu.edu

Office Location & Hours

Coates 136A; T-Th 8:00-9:00,
10:30-12:00, or by appt

General Information

Description

CMST 4111 is a course designed to familiarize students with intrapersonal communication, examined through the theory and practice of imagined interactions. Imagined interactions are a part of our daily lives, occurring when we indulge in mental imagery of talking to individuals who are important in our lives such as family members, romantic partners, work associates, and rivals. Issues central to this course include the effect of imagined interaction on our lives, daily relationships, and social functioning.

Expectations and Goals

The purpose of this course is to introduce students to intrapersonal communication. By the end of the semester, students should be able to:

1. Describe and understand intrapersonal communication--to study decoding, storing and retrieving information in the human mind.
2. Consider the relationship between intrapersonal communication and other levels of communication.
3. Understand the functions of intrapersonal communication in everyday life in terms of mental health.
4. Self-consciously experience intrapersonal processes.
5. Improve intrapersonal communication skills.

Course Requirements

Required Text

Book 1: Honeycutt, J. M. (2003). *Imagined Interactions: Daydreaming about Communication*. Hampton.

Book 2: Honeycutt, J. M. (2011). *Imagine that: Studies in imagined interaction*. Cresskill Hills, NJ: Hampton.

****Weekly book chapter assignments and additional course readings will be posted on Moodle.**

Assignments

Students will be graded on their work on:

- **Semester application paper (120 points).** This course becomes more meaningful when it is made relevant to participants' everyday lives; this assignment clarifies that connection by having you engage in and analyze critically an interpersonal interaction that deals with topics, themes, and/or issues addressed in the course, with a person who is not enrolled in this course. First, students will select a person who is not enrolled in this course (e.g., a parent, significant other, roommate, or friend) to spend at least an hour with (and preferably more), telling that person as much about the assignment as possible and getting his or her agreement to participate. Second, students will prepare a list of 5-10 topics, themes, issues, and/or questions for the interaction that relate to important course concepts. Finally, based on the conversation, students will write an analysis paper, using course concepts and readings (with a reference page for sources cited) to discuss issues and topics that arose. Further details will be posted on Moodle.
- **Journals (100 points, 25 points each).** Throughout the semester, students will complete 4 journal entries that relate to the class readings, in 500 words or less and by the due dates, which are highlighted in the class schedule. With at least three weeks available to complete each journal entry, no make-ups will be offered.
- **Discussion leadership (80 points).** Each student will sign up to be a class discussion leader on one week's topic, and tasked with finding one research article that stirs their interest and pertaining to the week's topic. This article will be sent to me, and I will post it on Moodle as required reading for that week. With 8 discussion weeks during the semester, we will have 2-3 students assigned to lead the discussion each week. The students can choose to work together or separately, making sure they read the assigned material, compare/connect it with the book chapter, and create a list of talking points on the topics. Each individual/group will be expected to: (a) have read all of the selections closely and carefully; (b) create a handout that includes vocabulary terms, key passages, and provocative discussion questions derived from the day's readings; (c) facilitate an engaging class discussion that connects the selections to course themes.
- **Group presentation (100 points).** At the beginning of the semester, the class will be randomly assigned into groups of four. The groups will be provided with a choice of topics, select one, and work together to prepare a 20-minute presentation on the selected topic. The presentation grade will be based on the innovativeness, the incorporation of intrapersonal communication theories, neatness and professionalism of work, the creativity, and the peer reviews. The detailed guidelines on the group presentation will be provided on Moodle.
- **Class participation (100 points).** As our class will revolve around discussion, insight, and sharing, the participation grade will come from the presence in the classroom (5 points per week) and the participation in and contribution to the discussion (5 points every discussion week).

Final grades will be determined based on scores earned in these assignments. All work must be done during the semester and not made up after the fact.

Course Assignment	Percentage of the Grade	Maximum Points
Discussion leadership	16%	80
Journals	20%	100
Group presentation	20%	100
Attendance and participation	20%	100
Semester application project	24%	120
Total	100%	500 points

Grading Scale

A+	97-100
A	93-96.99
A-	90-92.99
B+	87-89.99
B	83-86.99
B-	80-82.99
C+	77-79.99
C	73-76.99
C-	70-72.99
D+	67-69.99
D	63-68.99
D-	60-62.99
F	59.99 and below

Please note, in accordance with the Federal Buckley Amendment, grades will **not** be discussed through email, over the phone or in class. You **must** discuss a grade in person during office hours within 2 weeks of receiving the grade. After 2 weeks, discussion and changes to grades will **not** be possible. This means do **not** come at the end of the semester about a grade from the first week of class.

Classroom Decorum

As this class largely consists of dialogue, in-class exercises, and group discussion, please respect the work, opinions, and the presentations of your classmates.

- Listen to conversations, participate in them. Show support. You will be required at one point or the other to provide feedback to your peers.
- Do not use your phone during the class. Contrary to popular belief, the world is not going to collapse if you don't check your messages and social media for an hour.
- Do not use personal computers, tablets, and similar devices during the group discussions. You will learn how to deal with a distracted audience, but you don't need to play the part of that audience for your classmates.
- Be on time. Do not disrupt your classmates' dialogue with your late arrival.
- Controversial subjects may arise. Be open-minded and allow the conversation to progress.

Course Schedule (Tentative)

Week 1	Topic/Activity	Week's assignments
Tue, 08/21	Introductions, syllabus	Read the syllabus, buy the books
Thu, 08/23	Observational activity	
Week 2	Topic/Activity	Week's assignments
Tue, 08/28	Defining daydreaming and imagined interactions	Check Moodle for reading
Thu, 08/30	Group assignments and discussion leadership signups	
Week 3	Topic/Activity	Week's assignments
Tue, 09/04	Mindfulness and communication	Check Moodle for reading
Thu, 09/06	Mindfulness and communication discussion	Check Moodle for reading
Week 4	Topic/Activity	Week's assignments
Tue, 09/11	Attributes of IIs	Check Moodle for reading
Thu, 09/13	Attributes of IIs discussion	Check Moodle for reading
Week 5	Topic/Activity	Week's assignments
Tue, 09/18	Functions of IIs	Check Moodle for reading
Thu, 09/20	Functions of IIs discussion	Check Moodle for reading
Week 6	Topic/Activity	Week's assignments
Tue, 09/25	Group work day	Journal entry 1 due
Thu, 09/27	<i>Fall Break, no class</i>	
Week 7	Topic/Activity	Week's assignments
Tue, 10/02	The healing power of self-talk	Check Moodle for reading
Thu, 10/04	The healing power of self-talk discussion	Check Moodle for reading
Week 8	Topic/Activity	Week's assignments
Tue, 10/09	IIs in personal relationships	Check Moodle for reading
Thu, 10/11	IIs in personal relationships discussion	
Week 9	Topic/Activity	Week's assignments
Tue, 10/16	IIs in intercultural communication	Check Moodle for reading
Thu, 10/18	IIs in intercultural communication discussion	Journal entry 2 due

Week 10	Topic/Activity	Week's assignments
Tue, 10/23	Ils, grief, and forgiveness	Check Moodle for reading
Thu, 10/25	Ils, grief, and forgiveness discussion	Check Moodle for reading
Week 11	Topic/Activity	Week's assignments
Tue, 10/30	Ils and conflict	Check Moodle for reading
Thu, 11/01	Ils and conflict discussion	Check Moodle for reading
Week 12	Topic/Activity	Week's assignments
11/06-11/08	<i>Conference, no class</i>	Journal entry 3 due
Week 13	Topic/Activity	Week's assignments
Tue, 11/13	Group presentations	Check Moodle for grading rubric
Thu, 11/15	Group presentations	Check Moodle for grading rubric
Week 14	Topic/Activity	Week's assignments
Tue, 11/20	Group presentations	Check Moodle for grading rubric
Thu, 11/22	<i>Thanksgiving, no class</i>	
Week 15	Topic/Activity	Week's assignments
Tue, 11/27	Group presentations	Check Moodle for grading rubric
Thu, 11/29	Semester application paper due; Journal entry 4 due	

Additional Information and Resources

Attendance and Participation

Attendance will be taken every class. Your attendance at each class meeting is expected. You are expected to attend all classes just as you would be expected to go to work every day if this was any other job.

Plagiarism

There will be no tolerance for plagiarism. You are to assume that all assignments in this course are individual assignments unless explicit instructions are provided for a group project. Any student found to have presented material not their own (either downloaded from the internet or written by another student) will immediately be reported to the Dean of Students. The Internet has made plagiarism very easy and very tempting. Hundreds of sites offer papers, research, writing, and editing. The ease with which such material is available over the Internet does not lessen the seriousness of claiming material from the Internet as your own. See the LSU policies on plagiarism here:

<http://www.lib.lsu.edu/instruction/plagiarism2.html>.

Extra Credit

With no exams in this course, no extra credit will be given.

Missed Work

Sometimes life just happens and you are unable to turn in an assignment on time (maybe you are stressed out, overwhelmed by other assignments in other classes, got drunk the night before and slept through your alarm, etc...). I will accept late work, but with a penalty. If you can't make an assignment deadline, you can turn the assignment in for **increasingly fewer points** throughout that day, up **until 11:59pm CST**. After that point, work will be accepted within the following week for the **maximum grade of a C** (see below for extenuating circumstances). After 7 days, late work will no longer be accepted for credit. (Life happens, but not without consequences.)

Extenuating circumstances: I reserve the right to accept late work without penalty when a student has provided **proper documentation** of a university sanctioned emergency or conflict that has inhibited them from turning in an assignment on time. University sanctioned emergencies or conflicts include: family death/emergency, debilitating sickness, religious observance, serious weather conditions, varsity athletic competition, sanctioned curricular requirements with documentation, court-imposed legal obligations. For more information on university policy on student absences, see

<https://sites01.lsu.edu/wp/policiesprocedures/policies-procedures/22/>.

Students with disabilities

The Americans with Disabilities Act and the Rehabilitation Act of 1973 states: "If you have a disability that may have some impact on your work in this class and for which you may require accommodations, please see a coordinator in the Office of Disability Affairs (112 Johnston Hall) so that such accommodations can be arranged." After you receive the accommodation letters, please meet with me to discuss the provisions of those accommodations.

Do you have a major?

Business leaders and other professionals recognize the importance of developing communication skills and analysis. Alan Greenspan, for example, stated, "To succeed, you will soon learn, as I did, the importance of a solid foundation in the basics of education - literacy, both verbal and numerical, and communication skills." We hope this course contributes to your success.

To learn more about communication, you may want to major or minor in the Department of Communication Studies. The program explores how people sustain and change, experience, and make sense of the world through symbolic action. Students develop conceptual skills to analyze written, oral, and visual messages. Students gain practical experience in such areas such as public speaking, group decision-making, performance, and film. Such skills are elemental to careers in business, government, law, social services, and the arts.

A major in Communication Studies requires 36 hours including 12 hours of core classes and 12 hours at the 3000 or 4000 level. A minor requires 15 hours with one core class and 6 hours at the 3000 level or above.

More information is available at www.lsu.edu/cmst or by contacting our undergraduate advisor Mr. Kent Filbel (kfilli@lsu.edu), whose hours are posted at his office, 135 Coates Hall.